

# IRON CHEF

**MARCH 11TH @ 5:00 PM  
IN THE SMALL GYM!**

**Watch six family teams compete for the  
3rd Annual Iron Chef Title.**

**Competitors were chosen based on highest  
attendance to Healthy Kids Club classes.**

**JUDGES WILL AWARD PRIZES BASED  
ON THE FOLLOWING CATEGORIES:**

**Nutrition  
Kitchen/Food Safety  
Team work  
Taste  
Presentation/Creativity**

**\* Mystery ingredients will be announced the night of the show!**

**The Iron Chef Title will be awarded to the  
family team with best combined scores.**

1215 SE Hill Street  
Albany, OR  
541-926-6666  
www.bgc-albany.org



Oregon State **OSU** Extension Service  
UNIVERSITY Linn County

**For questions or  
comments please call  
Iris Carrasco 541-926-6666  
or [iris@bgc-albany.org](mailto:iris@bgc-albany.org)**