



# High School Basketball Rules



The purpose of the Boys & Girls Club of Albany basketball program is two-fold: one, to provide every child who so desires, the opportunity to play basketball for fun and in competition with high school students; and two, to teach sportsmanship along with fundamentals of basketball. The following rules have been established to foster these program goals.

1. **The program** will be directed through the auspices of the Boys & Girls Club.
  
2. **League organization:** Students will form their own teams. The Club will attempt to make teams for students who do not form one of their own.
  
3. **Eligibility:** Only students who are currently enrolled and attending high school, or an equivalent program, may participate in this league.
  
4. **Game Rules:** High school rules prevail unless otherwise stipulated.
  - A. **A full court press is allowed.** The press is not allowed if the team is 15 points ahead.
  
  - B. **Three point rule:** The three point shot will be allowed, unless the gym does not have the necessary three point line.
  
  - C. **Timing Regulations:** The high school league will play 12 minute running clock quarters. If the score is tied after regulation play, a two minute over time will ensue. If the game is tied after the overtime period, sudden death will decide the outcome of the game: the first team scores wins. Each team is limited to 4 timeouts per game. If at the 2 minute mark of the 4<sup>th</sup> quarter, the score difference is 11 points or less, the clock shall revert to a stop clock for the remainder of the game. If the score difference is 12 points or more at the two minute mark a running clock will remain in effect. The clock situation will not change once inside the 2 minute mark regardless of score change.
  
  - D. **Player Conduct:** Any player who receives a technical foul due to unsportsmanlike behavior will be removed from the game and suspended for the next game (at the discretion of the Athletic Department). If a player accumulates 2 unsportsmanlike technical fouls, he/she will be suspended for the remainder of the season.
  
  - E. **Coaches Conduct:** A coach who receives a technical foul due to unsportsmanlike behavior will be asked to leave the facility and will be suspended the next game. If a coach accumulates 2 unsportsmanlike technical fouls, he/she will be suspended for the remainder of the season.
  
  - F. **Team Conduct:** Any team which accumulates 4 unsportsmanlike technical fouls during the course of a season will be suspended from the league.

- G. **Adult Supervisor/Coach** is required for each team. This person must be 21 or older (unless approved by the Athletic Department) and present and accountable for the players at all practices/games. This person is responsible for the team's conduct.
- H. **High School Basketball Players** – No player who has played for any high school during the 2007-2008 season, at any level, will be eligible to play in this league.
- I. **Uniforms** – The Boys & Girls Club of Albany will supply reversibles for team's uniforms. Players may not alter their uniforms in any way.
- J. **Weather** – When schools are closed due to inclement weather, all club games/practices are cancelled.

Boys & Girls Club of Albany

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