



**BOYS & GIRLS CLUB  
OF ALBANY**

1215 SE Hill Street  
Albany, OR 97321  
541-926-6666  
[www.bgc-albany.org](http://www.bgc-albany.org)

# YOUTH BASEBALL SKILLS CLINIC

**WHEN:** ..... Spring Break, March 22nd - 25th  
Monday - Thursday, 10:30am - 12:00pm

**WHERE:** ..... Boys & Girls Club of Albany

**AGES:** ..... 6-9 Year Olds

**COST:** ..... \$25/Participant

**COACHES WILL PROVIDE INSTRUCTION  
ON THE FOLLOWING AREAS:**



- THROWING MECHANICS
- FIELDING (FLYBALLS AND GROUNDERS)
- HITTING

**\* CLINIC SHIRT PROVIDED FOR ALL PARTICIPANTS \***

PLEASE BRING A GLOVE, COURT SHOES, CLEATS & BASEBALL BAT (OPTIONAL).  
PARTICIPANTS WILL BE INSIDE AND OUTSIDE DURING CLINIC  
(WEATHER PERMITTING)

**SPOTS FILL QUICKLY,  
SO SIGN UP SOON!  
LIMITED TO THE FIRST 30 SIGNED UP!**

For more information, contact Ryan Lamm  
at The Boys & Girls Club of Albany  
926-6666 ext. 201  
Email: [ryan@bgc-albany.org](mailto:ryan@bgc-albany.org)